



Track North "Night of 5km PB's" Twilight Wed. July 8th, 2026, 6pm



Laurentian Community Track – Laurentian University



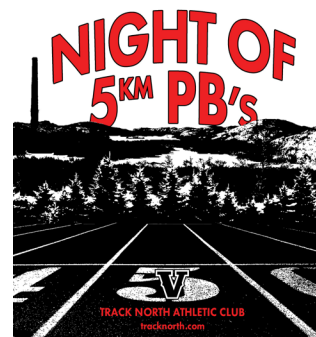
Soft, quiet area to pass out after setting a new 5km PB! Just kidding – please pass out where we can see you...

Additional Parking Lot 14 (up hill)

Main Parking Lot G

Tentative Event Schedule

- 5:00pm to 6pm - Twilight 100m, 800m, 200m
- 5km Races**
- 5:00pm to 5:45pm - Bib Pick Up at Registration
- 6:00pm - Section 1 (25:00 to 30:00 seeds)
- 6:35pm - Section 2 (22:30 to 24:59 seeds)
- 7:05pm - Section 3 (20:00 to 22:29 seeds)
- 7:30pm - Section 4 (18:00 to 19:59 seeds)
- 7:55pm - Section 5 (16:00 to 17:59 seeds)
- 8:20pm - Section 6 (15:59 and faster seeds)



Live Results Link