

## 2012 Firecracker 5km Road Race - 7/1/2012

Lively, ON

## Rankings

## Event 1 Mixed 5k Run RR

| Name                                | Age Team       | Avg 1K | Finals | Points |
|-------------------------------------|----------------|--------|--------|--------|
| 15 & Under Results - Women 5000 Run |                |        |        |        |
| 1 Matthews, Andrea                  | W Unattached   | 4:44   | 23:38  |        |
| 2 Sandre, Ashley                    | W14 Unattached | 4:45   | 23:45  |        |
| 3 Black, Rebecca                    | W15 Unattached | 5:28   | 27:20  |        |
| 4 Caswell, Allison                  | W13 Unattached | 5:31   | 27:35  |        |
| 16-19 Results - Women 5000 Run      |                |        |        |        |
| 1 Pagnutti, Sarah                   | W19 Unattached | 6:09   | 30:43  |        |
| 2 Hick, Michelle                    | W19 Unattached | 6:22   | 31:46  |        |
| 20-29 Results - Women 5000 Run      |                |        |        |        |
| 1 Woods, Madeleine                  | W27 Unattached | 3:59   | 19:52  |        |
| 2 Hanson, Jess                      | W28 Unattached | 5:13   | 26:02  |        |
| 3 Simser, Krista                    | W25 Unattached | 6:02   | 30:08  |        |
| 30-39 Results - Women 5000 Run      |                |        |        |        |
| 1 Bouchard, Kristin                 | W31 Unattached | 4:22   | 21:46  |        |
| 2 Parkinson, Claire                 | W37 Unattached | 4:36   | 22:58  |        |
| 3 Hollohan, Brigitte                | W38 Unattached | 4:42   | 23:27  |        |
| 4 Craig, Robin                      | W33 Unattached | 5:09   | 25:43  |        |
| 5 Hall, Kristin                     | W30 Unattached | 5:44   | 28:36  |        |
| 6 Taillefer, Elizabeth              | W30 Unattached | 5:48   | 28:59  |        |
| 7 Guenard-Valiquette, Jess          | W38 Unattached | 5:51   | 29:12  |        |
| 8 Robillard, Robin                  | W38 Unattached | 6:27   | 32:13  |        |
| 9 Petroski, Maria                   | W39 Unattached | 6:35   | 32:55  |        |
| 10 Daoust, Summer                   | W35 Unattached | 6:59   | 34:54  |        |
| 11 Guy, Allison                     | W33 Unattached | 7:02   | 35:08  |        |
| 12 Guy, Jennifer                    | W36 Unattached | 7:10   | 35:46  |        |
| 13 Dabliz, Mary Bess                | W32 Unattached | 7:17   | 36:25  |        |
| 14 Beaulieu, Sylviane               | W37 Unattached | 8:23   | 41:54  |        |
| 40-49 Results - Women 5000 Run      |                |        |        |        |
| 1 McIlraith, Sara-Jane              | W40 Unattached | 4:08   | 20:39  |        |
| 2 Dalla-Vicenza, Lara               | W41 Unattached | 4:38   | 23:06  |        |
| 3 Stanyon, Laura                    | W40 Unattached | 4:47   | 23:52  |        |
| 4 Roberts, Gisele                   | W42 Unattached | 5:16   | 26:19  |        |
| 5 Vinkle, Erin                      | W42 Unattached | 6:10   | 30:47  |        |
| 6 Kwan, Tiffany                     | W49 Unattached | 6:21   | 31:45  |        |
| 50-59 Results - Women 5000 Run      |                |        |        |        |
| 1 Gordon, Colleen                   | W50 Unattached | 5:47   | 28:54  |        |
| 2 Taillefer, Debbie                 | W59 Unattached | 11:41  | 58:23  |        |
| 60+ Results - Women 5000 Run        |                |        |        |        |
| 1 Moustgaard, Maureen               | W65 Unattached | 7:13   | 36:01  |        |
| 15 & Under Results - Men 5000 Run   |                |        |        |        |
| 1 Jakelski, Karl                    | M15 Unattached | 3:57   | 19:44  |        |
| 16-19 Results - Men 5000 Run        |                |        |        |        |
| 1 Kosar, John                       | M19 Unattached | 3:48   | 19:00  |        |
| 2 Visentin, Justin                  | M19 Unattached | 4:11   | 20:55  |        |
| 3 Godin, Patrick                    | M16 Unattached | 4:19   | 21:35  |        |
| 4 Blayney, Conor                    | M18 Unattached | 4:22   | 21:49  |        |
| 5 Guscott, Thomas                   | M19 Unattached | 5:38   | 28:09  |        |
| 6 Rychlo, Chris                     | M19 Unattached | 7:06   | 35:30  |        |
| 20-29 Results - Men 5000 Run        |                |        |        |        |
| 1 Hanson, Russ                      | M22 Unattached | 4:18   | 21:28  |        |
| 2 King, Robert                      | M22 Unattached | 4:21   | 21:44  |        |
| 3 Laroche, Marc                     | M29 Unattached | 4:30   | 22:30  |        |
| 30-39 Results - Men 5000 Run        |                |        |        |        |

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|                     |                |      |       |
|---------------------|----------------|------|-------|
| 1 Pineau, Rob       | M38 Unattached | 3:50 | 19:07 |
| 2 Godkin, Paul      | M38 Unattached | 4:06 | 20:30 |
| 3 Ward, Colin       | M37 Unattached | 4:11 | 20:54 |
| 4 Dabliz, Sami      | M35 Unattached | 4:18 | 21:27 |
| 5 Lonsdale, Joe     | M31 Unattached | 4:21 | 21:42 |
| 6 Hollohan, Ryan    | M34 Unattached | 4:27 | 22:12 |
| 7 Antonescu, Costin | M33 Unattached | 7:02 | 35:08 |

## 40-49 Results - Men 5000 Run

|                    |                |      |       |
|--------------------|----------------|------|-------|
| 1 Phipps, Neil     | M42 Unattached | 3:22 | 16:50 |
| 2 Richardson, Dave | M42 Unattached | 4:04 | 20:19 |
| 3 Syncox, James    | M47 Unattached | 5:12 | 25:57 |
| 4 Meyer, Ralf      | M45 Unattached | 5:16 | 26:19 |
| 5 Allen, Derek     | M41 Unattached | 5:18 | 26:27 |
| 6 Bertrim, David   | M44 Unattached | 5:23 | 26:52 |
| 7 Donnelly, Mike   | M46 Unattached | 5:43 | 28:31 |
| 8 Petrsocki, Kirk  | M41 Unattached | 6:35 | 32:55 |
| 9 Wismer, John     | M48 Unattached | 7:12 | 35:56 |

## 50-59 Results - Men 5000 Run

|                  |                |      |       |
|------------------|----------------|------|-------|
| 1 Donnelly, Mark | M58 Unattached | 4:34 | 22:50 |
| 2 Blayney, Marc  | M56 Unattached | 4:39 | 23:11 |
| 3 Sandre, Roger  | M51 Unattached | 5:05 | 25:23 |

## 60+ Results - Men 5000 Run

|                      |                |      |       |
|----------------------|----------------|------|-------|
| 1 Moustgaard, Louiis | M68 Unattached | 5:22 | 26:50 |
| 2 Wilson, Tay        | M71 Unattached | 6:09 | 30:45 |