



2011 Laurentian Voyageur Black Fly Relays



Meet Schedule

Notes:

- All events may run up to 30 minutes ahead of schedule.
- All relays will be run as timed finals. Slow sections will run first.
- For field events, all competitors will get 3 attempts. Top 8 athletes will qualify for 3 additional jumps.

Track

11:00am – 100m Heats (Top 8 times in heats qualify for finals) – MG, MB, JG, JB, SG, SB

12:00pm – 4 X 800m – Open Girls, Open Boys

12:30pm – 100m Finals – MG, MB, JG, JB, SG, SB

1:00pm – Short Track Break

1:15pm – 4 X 100m - MG, MB, JG, JB, SG, SB

2:00pm – 4 X 200m - MG, MB, JG, JB, SG, SB

2:45pm – 1500m - Open Girls, Open Boys (slowest seed times will run first)

3:15pm – 4 X 400m - MG, MB, JG, JB, SG, SB

4:00pm - Sprint Medley Relay (400-200-200-800) – Open Girls, Open Boys

Field

11:00am – Triple Jump – Open Girls

12:00pm – Triple Jump – Open Boys

2:00pm – Long Jump – Open Girls

3:00pm – Long Jump – Open Boys